

# INFECTION PREVENTION CHECKLIST

## HEALTH CLINIC REOPENING DURING COVID-19

Note: This checklist provides summary IPAC measures only and is not all-inclusive; for a detailed assessment consult with an IPAC professional.

IPAC* Strategies	Main Rationale/Tips	✓	✗	Comments/Gaps/Improvements
<b>Declutter</b> only have what is necessary	<ul style="list-style-type: none"> <li>○ ↑ effective &amp; efficient cleaning</li> <li>○ ↓ items to contaminate</li> </ul>	✓	<input type="checkbox"/>	RISE has done an excellent job of decluttering in all areas of the clinic. Treatment room have only what is needed, and items that are difficult to clean have been removed.
<b>Physical Distancing</b> <ul style="list-style-type: none"> <li>○ 6ft/2m between people</li> <li>○ Minimize people in clinic</li> </ul>	<ul style="list-style-type: none"> <li>○ Prevents droplet transmission as droplets transmit approx. 6ft/2m</li> <li>○ If 6ft/2m not possible a mask will block transmission</li> </ul>	✓	<input type="checkbox"/>	RISE has installed plexi-glass at the reception, removed chairs from waiting room, asked patients to wait in cars until called, has split clinic into 3 separate areas to minimize traffic, implemented a 1-way flow from entry to exit, patients will be accompanied in and out by practitioner, and masks will be used within 2m of a patient.
<b>Screen pre-entry</b> <ul style="list-style-type: none"> <li>○ Clients/Patients</li> <li>○ Anyone entering clinic</li> <li>○ Staff (self-screen)</li> </ul>	<ul style="list-style-type: none"> <li>○ Anyone entering the clinic should be asymptomatic</li> <li>○ Staff should self-monitor/stay home if ill</li> </ul>	✓	<input type="checkbox"/>	<b>ONLY asymptomatic people at RISE.</b> A pre-screening programme is in place for staff, patients (and anyone else entering RISE). Patients can cancel appointments if sick with no penalty. Staff will use BCCDC app to self-monitor and stay at home if sick. Both patients and staff will be referred to 811 for testing if needed.
<b>Hand Hygiene</b> (all clinic visitors/staff) <ul style="list-style-type: none"> <li>○ Sanitizer (entrance/exit)</li> <li>○ HH Sinks</li> <li>○ Reminders (when/how)</li> </ul>	<ul style="list-style-type: none"> <li>○ Prevents transmitting or acquiring an infection or antimicrobial-resistant organism</li> <li>○ ↓ clinic contamination/bioburden</li> <li>○ Staff training program</li> </ul>	✓	<input type="checkbox"/>	70% ABHR is readily available and accessible in all locations needed. Patients and staff are expected to clean their hands when entering RISE, when exiting, and at appropriate times while at the clinic (i.e., staff = before and after treatments etc. and patients before and after use of gym or shared equipment). 'How to clean hands' signage is available.
<b>Respiratory Etiquette</b> (all clinic visitors/staff) <ul style="list-style-type: none"> <li>○ Posters/tissues/bins</li> </ul>	<ul style="list-style-type: none"> <li>○ Contains pathogens and ↓ transmission</li> <li>○ ↓ clinic contamination/bioburden</li> </ul>	✓	<input type="checkbox"/>	Although only asymptomatic patients and staff should be in the clinic, "Cover your cough" signage is available, plus ABHR tissues and bins to discard them.
<b>PCRA**/ PPE***</b> <ul style="list-style-type: none"> <li>○ PCRA tool/staff training</li> <li>○ PPE available/staff competent in use of PPE</li> </ul>	<ul style="list-style-type: none"> <li>○ Mitigates transmission risks by determining risk of exposure to blood and body fluids and using measures (PPE) to mitigate risks</li> </ul>	✓	<input type="checkbox"/>	Staff will carry out a Point of Care Risk Assessment (PCRA) before every treatment to assess the risk of exposure to blood and body fluids and determine what PPE is needed. PPE is available RISE should the need arise. ALL staff will be wearing a procedure mask during their workday and trained in safe use. Clients will be asked to wear a mask if there is a need to contain droplets.
<b>Cleaning/Disinfecting</b> <ul style="list-style-type: none"> <li>○ Clear processes</li> <li>○ 3 feet separation between clean and dirty</li> </ul>	<ul style="list-style-type: none"> <li>○ ↓ contamination and bioburden in clinic and prevents transmission</li> <li>○ ↓ cross contamination between dirty and clean items/equipment</li> </ul>	✓	<input type="checkbox"/>	RISE has a cleaning process in place with Health Canada approved healthcare grade products. Staff will clean between patients and will receive training. A professional cleaning service with healthcare training will clean at the end of each day. Clean equipment will be stored in a clean area with 3ft separation between clean/dirty.